

	Bantu	Ashanti	Arab	Swahili
Region	From the equator to Southern Africa	Western Africa (Ghana)	Northern Africa	Eastern coast of Africa
Religion	Traditional religion including ancestor worship	Traditional religion mixing spiritualism and supernatural powers	Sunni Islam	Islam mixed with traditional belief in djinns
Other culture traits (foods, art, clothing)	Considered more of a language group	Drum talking Weaving	Islamic influences on art. Desert influence on dress, nomadic lifestyle and diet.	Arabic influence on language, religion, diet, and art. Brightly colored clothes